



ST AGNES' CATHOLIC PRIMARY SCHOOL



Primary PE Action Plan 2023-24

UNICEF RIGHTS RESPECTING:

Article 15 - freedom of association to join groups and meet with other children.

Article 29 - goals of education to develop talents and abilities to their full.

Article 31 - every child has the right to relax, play and take part in wider range of activities.

GROWTH MINDSET:

Perseverance - when I am frustrated, I persevere.

Resilience - I can challenge myself and push myself and others.

Reflectiveness - I can look back at what worked and what didn't, on my own, in pairs or with a team.

The areas of focus over the next 12 months will be:

- Maintain the school's strengths in coaching and monitor progress across the school
- Maintain competition success in sports where we excel and improve those areas we do not.
- Continue to drill down into the PE curriculum and planning and ensure skills are improved across year groups
- CPD /Staff development in all sports and coached areas through active participation and monitoring
- Implement lunchtime supervisors and sports leaders' training (Gateshead SSP) to encourage active breaktimes
- All class teachers to utilise iPads purchased to give immediate feedback and show progression to children within PE lessons

Sport Premium funding is at £17,670 to be spent during academic year 2023-2024. (Schools with 17 or more eligible pupils receive £16,000 and an additional payment of £10 per pupil.)

NATIONAL CURRICULUM GUIDELINES FOR KS1;

- Children should master fundamental movement skills and be increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.
- Children should master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- Children should have the opportunity to participate in team games, developing simple tactics for attacking and defending / perform dances using simple movement patterns.

NATIONAL CURRICULUM GUIDELINES FOR KS2:

- Continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.
- Pupils should be taught to: use running, jumping, throwing and catching in isolation and in combination, play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending, develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics], perform dances using a range of movement patterns, take part in outdoor and adventurous activity challenges both individually and within a team, compare their performances with previous ones and demonstrate improvement to achieve their personal best.

St Agnes' Primary School PE Action Plan 2023-2024

Objective	Method	Impact	Sustainability
ENGAGEMENT OF ALL PUPILS IN REGULAR PHYSICAL ACTIVITY			
Promote active lifestyle	<p>School will continue to commit to 5 minutes active cardio activities at the start of every P.E. lesson.</p> <p>Buddies will continue to zone areas and use of the outdoor stage during lunchtime to encourage a range of activities- active playtimes.</p> <p>Children have measured the school yard and calculated the distance of a mile to encourage participation in the daily mile challenge.</p> <p>Early Years, using the website GoNoodle (or channels on YouTube)</p>	<p>Raised awareness of the importance of activity and moving.</p> <p>Children understand their own level of fitness</p> <p>Demonstrate to children how activity is shown in various forms.</p> <p>Ensure playgrounds, P.E. and classrooms are active places.</p> <p>It is proven that brain breaks allow children to focus better and absorb new learning.</p>	<p>Promoting an active and healthy lifestyle.</p> <p>Improve fitness through raised heart rates and activity with all abilities and ages.</p> <p>Address target areas in the Childhood Obesity Plan.</p> <p>NATIONAL CURRICULUM: Engage children who are not into team or individual sports in physical challenge, movement and raise fitness awareness in children. Master basic movements, agility and coordination.</p>

<p>Equipment</p>	<p>Further significant investment in new kit for P.E. lessons allowing and broad and reaching curriculum to be taught.</p> <p>Improvement in kit for existing lessons where we are strong in competitions, allow teachers to develop skills from curriculum planning along with new sports introduced.</p> <p>Playground buddies trained by GSSP and improvement storage and facilities for an active playground.</p> <p>Spare kit to be provided for those forgetting kit. Letters to parents if this becomes a regular occurrence.</p> <p>Staff P.E. uniform to be wore consistently within school for PE lessons and outside of school where competing in competitions.</p> <p>Sports leaders will be provided with hoody's to be clearly identifiable to staff and children.</p>	<p>Ensure children have the correct equipment to engage in sports.</p> <p>Ensure coaches have the equipment to teach with.</p> <p>Support the Government aim to have additional activity time during the school day for all primary school children (30 minutes a day).</p> <p>All children involved in all PE sessions.</p> <p>Staff and children will feel ownership and membership of representing St Agnes within and outside of school</p>	<p>Improved progression and competition stage.</p> <p>Ongoing improved skill development, building on current successes.</p> <p>Improved playtime behaviour.</p> <p>Engagement of different children in different sports.</p> <p>NATIONAL CURRICULUM: Improved participation in KS1 to build basic skills that can be used in games and competition in KS2.</p> <p>Children to apply rules to attacking, defending and fielding games.</p> <p>Play in competitions against each other and with self.</p> <p>Continue to build on current medal success.</p>
<p>Get more inactive children involved</p>	<p>Repeat the grid from last year to identify inactive children and invite inactive children to join active clubs.</p> <p>Full school KS2 activity at the end of lunchtime on the yards. Ensure we have sufficient PE kit to engage all year groups within games.</p>	<p>Provide opportunities for less active children to work with a coach. (Last year, the % of children not currently active was minimal).</p> <p>Increase confidence in children on year group sports and games by targeting coaching.</p>	<p>Increase enthusiasm for sports in some of our less active children who might traditionally shy away from getting involved whether it is through enthusiasm or skills.</p> <p>More inactive children attending clubs annually in school.</p>

	Continue to work with <i>Cycling Generation</i> to promote active lifestyles- e.g. walking or biking to school.	Improved fitness awareness of oneself.	NATIONAL CURRICULUM: increasing competence and confidence and develop a broader range of skills.
PROFILE OF P.E.			
Keeping Healthy and Sugar Smart Healthy Schools	Continued use within science lessons (mainly years 2&4); raise awareness of necessity for healthy eating in children and bring P.E. and sports into the classroom. Healthy Schools programme to run alongside PE.	Cross curricular will highlight fitness in different ways and methods to children in different lessons. Book work evidence. Evidence through displays and questionnaires from children.	Raise awareness and accountability. NATIONAL CURRICULUM: evaluation and monitor own successes.
Active Classrooms Programme	Active Classrooms- staff will attend training session about Active Numeracy and Active Literacy. Skills to be trickled down during staff meetings.	Ways of making lessons more active. Out of seat activities.	Physical activity becomes routine, is not just part of the P.E. and playtimes. By having it during lesson time, all children engaged including less active. NATIONAL CURRICULUM: coordinate activities and skills, perform to their best, evaluate success.
School Council and Sports Leaders	School Council targeted with picking up whole school monitoring for fitness and sports. Sports Leaders to be trained by GSSP to monitor and help complete lunchtime activities alongside buddies.	Involve pupils with decision making. Raise accountability for decisions.	Legacy of pupil engagement. Change and adapt directly to pupils' wants and needs. More use of surveying the impact regularly and taking feedback on coaches and successes.

<p>Monitoring</p>	<p>A key focus for 2021 is improvement monitoring of P.E. lessons to ensure teachers are;</p> <ul style="list-style-type: none"> - Actively using planning documents. - Actively identifying skills in every P.E. lesson so that children know their own skill progression and can identify and monitor their progress. - Utilise Core-task cards created by Gateshead SSP which enable students to be tracked and monitor progression. - Avoid teaching to the game. - Ensure skill progression through school is evident. <p>Significant investment in purchase of class iPads to enable 'in the moment' peer evaluation and feedback.</p>	<ul style="list-style-type: none"> - Refine teaching and learning standards / ensure consistency in all areas of P.E. in school. - Allow children to monitor and feedback on their own progress through the use of recording on ipads and reviewing. - Ensure use of P.E. Planning. - Ensure school coaches hired in are active in their coaching of school staff for their own CPD. - All coaches that provide PE will also adhere to monitoring progress in and across cohorts. 	<p>Skill progression through whole school.</p> <p>Skill identification running through all P.E. sessions.</p> <p>NATIONAL CURRICULUM: Ensure children are engaged in a variety of sports throughout school, and that a broad range of skills that children can use are taught.</p>
<p>INCREASE PARTICIPATION IN COMPETITIVE SPORT</p>			
<p>Maintain current clubs</p>	<ul style="list-style-type: none"> - Football (girls and boys) - Karate - Irish Dancing - Multi-skills - Athletics 	<p>Provide long term skill development for children.</p> <p>Maintain successful clubs.</p>	<p>Improve G&T channels out of school.</p> <p>Support children in moving into external clubs and open up popular clubs to more people.</p>
<p>Intra School Sport</p>	<p>Use growing skills base in key sports and more school teams to plan in further intra school sport events termly.</p> <p>UKS2 children learn to lead in P.E. running activities and games with their year group.</p>	<p>Opportunity for all children to complete in classes and teams to ensure the competitive element is maintained.</p> <p>Children can complete in a sport they are confident at in school environment.</p>	<p>Encourage children with all skills into different roles within sport and P.E.</p> <p>NATIONAL CURRICULUM: Engage in competition with themselves and within a team.</p>

		Give children a chance to lead, to demonstrate their skills and to decide how the lessons are organised and run.	
INCREASE CONFIDENCE, KNOWLEDGE AND SKILLS OF ALL STAFF			
Coach Record Sheet and Child Skill Progression	<p>Regular assessment of children after sessions- post it note within academic planners who has struggled.</p> <p>At the start and end of each term, teachers will also complete a skills assessment of the class- also using the regular weekly assessment by incorporating use of iPads.</p>	<p>Raise awareness of skills.</p> <p>Encourage coaches to actively engage staff during a session.</p> <p>Ensure skills gaps are monitored and closed by teacher intervention in a P.E. lesson.</p>	<p>Expose staff to greater range of skills.</p> <p>Staff identify G&T children throughout lesson and provide support for less active / able.</p> <p>Raise confidence in children.</p>
Raise the profile of the subject and keep staff informed of new developments	<p>Regular staff meetings and feedback sessions.</p> <p>Lunchtime supervisors to be trained (by GSSP) to assist with active lunch breaks and monitor sports leaders to ensure all children are able to access games and challenges.</p> <p>Meetings with PE lead Governor to inform on how the premium will be spent and updates on changes.</p>	<p>Staff will work confidently on PE and given a chance to query any issues.</p>	<p>Expose staff to new information.</p> <p>NATIONAL CURRICULUM: Develop a broader range of skills and use them with confidence.</p>