

# School menu

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**WEEK 1**

MEAT FREE MONDAY

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

FISH FRIDAY

1ST CHOICE

Cheese &amp; tomato round pizza, pasta, baked beans, or mixed salad

Sausages, mashed potato, mixed veg &amp; gravy

Roast chicken Yorkshire pudding, roast potatoes, broccoli, carrots &amp; gravy

Pork meatballs, handmade potato wedges, sweetcorn schools' choice tomato sauce or gravy

Fish portion, chips &amp; peas

2ND CHOICE

Veggie sausage, mashed potato, mixed veg &amp; gravy

Quorn fillet Yorkshire pudding, roast potatoes broccoli, carrots &amp; gravy

Veggie meatballs, potato wedges, Sweetcorn or mixed salad

Veggie bake, chips &amp; peas

JACKET POTATO

Tuna mayo with mixed salad

Baked beans with mixed salad

Cheese with mixed salad

Tuna mayo with mixed salad

Cheese baked beans &amp; salad

DELI OPTION

Cheese roll, with pasta &amp; salad

Tuna mayo wrap with pasta &amp; vegetable sticks

Ham sandwich with roast potatoes &amp; salad

Cheese wrap with handmade potato wedges &amp; vegetable sticks

Egg mayo roll with chips &amp; salad

DESSERT

School cake &amp; custard

Jelly &amp; fruit

Fruit smoothie &amp; fruit

Pancake with bananas &amp; toffee sauce

Cooks' choice homemade biscuit

 04/09/2023  
25/09/2023  
16/10/2023  
06/11/2023  
27/11/2023  
18/12/2023  
08/01/2024  
29/01/2024  
19/02/2024  
11/03/2024  
01/04/2024  
22/04/2024  
13/05/2024  
10/06/2024  
01/07/2024

**WEEK 2**

MEAT FREE MONDAY

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

FISH FRIDAY

1ST CHOICE

Folded pizza, pasta, baked beans, or mixed salad

Minced pork pie mashed potato, mixed veg &amp; gravy

Gammon slice, roast potatoes, cauliflower, carrots &amp; gravy

Chicken curry, rice, naan bread &amp; pea/sweetcorn mix

Fish finger, potato wedges &amp; peas

2ND CHOICE

Cheese &amp; potato pasty, mashed potato, mixed veg &amp; gravy

Omelette roast potatoes, &amp; mixed salad

Veggie curry, rice, naan with pea/ sweetcorn mix

Veggie fingers, seasoned twisters &amp; peas

JACKET POTATO

Tuna mayo with mixed salad

Baked beans with mixed salad

Cheese with mixed salad

Tuna mayo with mixed salad

Cheese baked beans &amp; salad

DELI OPTION

Cheese roll with pasta &amp; salad

Ham wrap with pasta &amp; vegetable sticks

Tuna mayo sandwich with roast potatoes &amp; salad

Cheese wrap with pasta &amp; vegetable sticks

Egg mayo roll with potato wedges &amp; salad

DESSERT

Waffle &amp; fruit

Ice cream roll with fruit

School cake &amp; custard

Cooks' choice homemade biscuit

Muffin

 11/09/2023  
02/10/2023  
23/10/2023  
13/11/2023  
04/12/2023  
25/12/2023  
15/01/2024  
05/02/2024  
26/02/2024  
18/03/2024  
08/04/2024  
29/04/2024  
20/05/2024  
17/06/2024  
08/07/2024

**WEEK 3**

MEAT FREE MONDAY

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

FISH FRIDAY

1ST CHOICE

Flat bread pizza slice, pasta, baked beans, or mixed salad

Beef burger in a bun, potato wedges, sweetcorn or mixed salad

Savoury mince with cooks' choice topping, mashed potato, green beans, carrots &amp; gravy

Chicken wrap, savoury rice &amp; garlic mayo

Fish star, seasoned twisters &amp; peas

2ND CHOICE

Veggie burger in a bun, potato wedges, sweetcorn or mixed salad

Quorn mince pie with cooks' choice topping, mashed potato, green beans, carrots &amp; gravy

Veggie wrap, savoury rice &amp; garlic mayo

Veggie shapes, seasoned twisters &amp; peas

JACKET POTATO

Tuna mayo with mixed salad

Baked beans with mixed salad

Cheese with mixed salad

Tuna mayo with mixed salad

Cheese baked beans with mixed salad

DELI OPTION

Cheese roll with pasta &amp; salad

Tuna mayo wrap with potato wedges &amp; vegetable sticks

Ham sandwich with pasta and salad

Cheese wrap with rice or pasta &amp; vegetable sticks

Egg mayo roll with seasoned twisters &amp; salad

DESSERT

Chocolate crispy cake with orange wedge

School cake &amp; custard

Fruit &amp; ice cream

Cooks' choice homemade biscuit

Muffin

 18/09/2023  
09/10/2023  
30/10/2023  
20/11/2023  
11/12/2023  
01/01/2024  
22/01/2024  
12/02/2024  
04/03/2024  
25/03/2024  
15/04/2024  
06/05/2024  
27/05/2024  
03/06/2024  
24/06/2024  
15/07/2024