



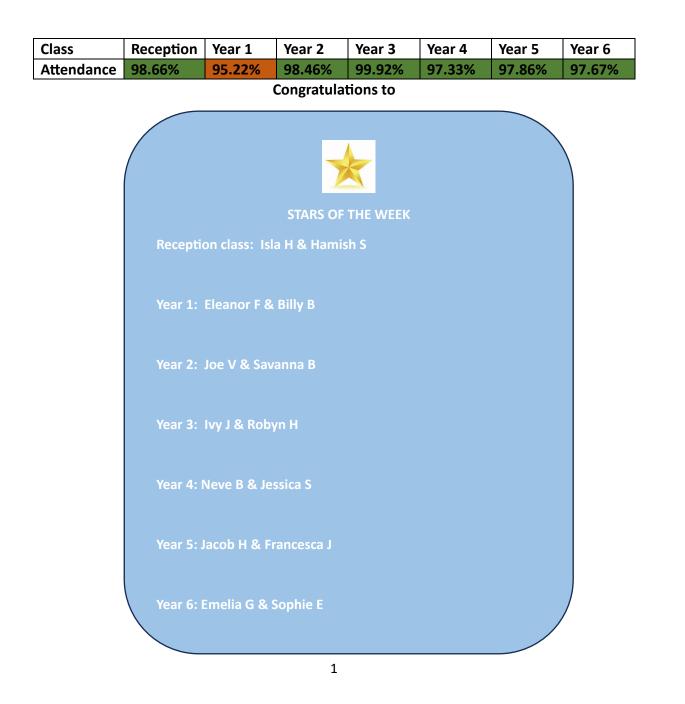
Act justly, love tenderly and walk humbly with your God

# FRIDAY FLYER

Friday 3<sup>rd</sup> May 2024

#### Dear parent/carer,

It has been a busy week! We have all enjoyed our parent visitors who have joined us to share their career experiences. It has been a great success in terms of exposing children to different career paths. More importantly, we really wanted to send a clear message to our children in sharing 'you can be anything you want to be, removing barriers to success and aspiration.' The adults who joined us this week acted as positive role models showing that through effort and determination, they have achieved their career goals. Your time and the thought that you have put into your presentation is greatly appreciated. Many thanks.







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#### **CAREERS WEEK (29.4.24)**



Mr Walker talked about his career as a firefighter in Tyne and Wear. He told us all about different levels of severity within his role. Mr Walker knew from a very early age that he wanted to be a firefighter and knew that he needed to be strong and fit and so really made an effort to excel in sport so that he had the physical fitness levels needed for such a crucial role. Mr Walker also shared how much he enjoyed his job saying 'Find a job you love and you'll never work a day in your life.' He is also the mental health lead within the fire service, he has the personal skills and experience to support colleagues who are less experienced in dealing with frightening situations. He was also talking about equality within the fire service with only 5% of the fire service being female.



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#### Mrs Vincent – Beautician business

Mrs Vincent visited school on Monday to talk about what her role as a beauty therapist involves. She always had a passion for art as a child and wanted to take this further as a teenager and adult. She shared some of the treatments she delivers which include bridal parties and sport and injury massage. She talked about how she took a leap of faith and started her own business (Blossom Beauty Core, Ryton). She works with a team of 5 and has enjoyed the success of being a finalist in hair and beauty awards.

The children also really enjoyed their interaction with Mrs Vincent, as they delivered a peer massage to their friends.

Thank you for sharing your career journey and experiences with us all.











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#### Mrs Beadling – Gaming and Gambling educational lead

This was a workshop/career presentation. Mrs Beadling took the opportunity to share some of her experiences of unsafe and unreliable gaming situations with the children. It was a fun interactive workshop which gave children the opportunity to share their own positive and negative experiences of gaming and allowed pupils to vote on decisions that they may need to make on some gaming apps. She focused on gaming that incorporated spending money (loot box options) with examples of why these can often create high risks for children. She also touched upon addiction to gaming and shared some of the signs for children to be aware of. These included not being able to sleep without a device nearby, waking up and wanting to engage with gaming. It was an informative session that enabled pupils to develop a deeper understanding of some of the more specific risks in gaming. Mrs Beadling also provided a support session after her presentation for any children wanting to seek advice. She also wanted me to share her website support programme (BIG DEAL) with parents.











### Mr Goss (chef)

A fantastic afternoon listening to Mr Goss telling us all about the roles and responsibilities of being a hard-working chef. He shared some of different roles; small scale to large scale catering events. It was also so informative to learn about where different foods come from and he likened his role as a chef to one of a scientist and artist. It was lovely for the children to hear about these links to our curriculum. This presentation has sparked interest with some of our children across all key stages. A huge thank you for your time, Mr Goss.











#### Mr O'Donnell (musician)

Mr O'Donnell shared his journey towards being a professional musician, playing the oboe from a young age. He attended the Royal College of Music, London, where he was given the opportunity to travel all around the world with his orchestra. Mr O'Donnell is now a member of the Royal Northern Sinfonia Orchestra and works for The Glass House, Gateshead. We also got a refresher lesson on the different instruments within the orchestra. One of the key messages from Mr O'Donnell was that practise and perseverance lead to success and help us to achieve our goals. Many thanks for your time.





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#### PC Bowman (the role of a police officer)

Thank you again to PC Bowman for visiting our Rec and KS1 children on Thursday. He talked about his role in the community as a police officer. This linked in well with our Fundamental British Values, particularly the rule of law. He discussed the importance of having rules and laws and how these continue to keep us all safe.

The children really enjoyed asking questions and having PC Bowman show them his uniform and some equipment he may need to use.











### Mrs Slegg (dentistry)

Mrs Slegg told the story of her journey into dentistry. She talked about some of the subjects she really enjoyed at school that helped her in this field and some of the more challenging ones, like chemistry! She also shared the 15 types of roles that dentists have, looking at different areas of patient support and care. Mrs Slegg shared that she really enjoys supporting vulnerable members of the community and shared some lovely examples of how this has been achieved. Many thanks.









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#### Mrs Parkin (Equal Arts Support worker)

Mrs Parkin works with adults who have dementia within the community. Her two passions are art and talking, she feels that these two attributes lend themselves perfectly to her role in equal arts. She gets a great deal of satisfaction in helping people who may otherwise feel isolated. She also gets to work alongside talented artists.

There were also interactive story-telling opportunities using a picture of animals. This is one of the creative techniques she used in her 'hensioner' groups. Thank you!

### Mr Shepherdson (physiotherapist)

I think it safe to say that both staff and children found Mr Shepherdson's presentation entertaining and so informative. We got to talk and learn about the role of a physiotherapist and how they support people who have various injuries and barriers that stop them from taking part in everyday activities. Mr Shepherdson helped Mrs Woods with her back problems in a mini consultation. We also learned all about pain management and how the nervous system works at different levels. Mr Shepherdson also shared his passion for science and asking questions which have supported his career path. It was such an engaging and informative end to our career's week.

Many thanks.







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